Vpon old John Dowe an Unprofitable townsman of great estate in land and yet not worth a mortuary at his Death in Goods.

John Dowe an antient townsman was buried in divers years past before

And lyeth buried within the Church South Door.

De quo hoc verum Epitaphium hebaeri posset.

Here lyeth the Dowe who ne'er in life did good Nor would have done though longer he had stood A wife he had both Beautifull and wise But he ne'er would such goodness exercise Death was his Freind to bring him to his grave For he in life commendam none could have.

We now come back to the yeomanry. The Society of Antivaries of London, Archaeologia vol 25, p 421, gives extracts from the susehold and privy purse accounts of the Lestranges of Hunstanton, Norfolk, from 1519 to 1578:

This booke make mencyon of all payments for the hows & receyts from the xxvth day of September in the xjth yere of ye leigue of Kyng Henry the VIIIth on to ye next accompts

The ljd Weke

Item pd to John Dowe for making of a Cowle for the Hennys at Anan ljd.

A cowl is the wooden cross piece to be worn on the shoulders, from which a pail or other load may be suspended at each end. It is possible, even rather probable, that this John Dow is father of our earliest known ancestor, but no evidence of it exists.

From C C Norwich: Baynes 127, comes the first mention found of our own line.

WILL of John Dow of Great Yarmouth, Norfolk, joiner, dated 1 July, 1544.

High Altar, Reparation of Church, the lazars at Yarmouth gates, Sisters of the Hospital in Yarmouth,

Sons—Thomas and Christopher, 40s apiece at their ages, etc.

Wife Johan my "Place" in Yarmouth.

Residuary legatee and sole executrix—wife Johan.

Supervisor uncle Christopher Coop.

From this we make out that John Dow was thrifty and had a home; that his bequests to charity were not inconsiderable for his time, that the name of his wife was Johan Coop.

The will of the widow adds another name: